

The GP Update Course

Red Whale



A one day update course by GPs for GPs.

The GP Update Course is designed to be very relevant to clinical practice and to help you meet the requirements for revalidation.

GPs want to stay up to date but the task is a formidable one; with the best will in the world, it's hard to achieve.

With all the evidence inundating us it can be hard to know which bits of evidence should change our practice.

We want to help by collating and synthesising the evidence for you – so that you don't have to!

Using a lecture based format, with plenty of time for interaction, the GP presenters discuss the results of the most important evidence and guidance, placing them in the context of what is already known about this topic and the needs of primary care.

How will it help me with revalidation?

Revalidation requires us not just to stay up to date, but to show evidence of how our practice has changed. Come on the course and we will give you access to a wide range of practical step by step guides to prepare for revalidation and prove you are up to date. And an easy way to record and track your learning as you go along to avoid those last minute pre-appraisal panics!

Important note: This course contains no theorists, no gurus and no sponsors. Just real life GPs who will be back seeing patients as soon as the course has finished. The course has been accredited by the RCGP since February 2012 and is now the only one of its type to be completely free from pharmaceutical company sponsorship.



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We want you to enjoy the day!

We'll use humour and video clips to illustrate points being made and to keep you focused.

Course delegates receive a copy of **The GP Update Handbook**, a 350 page book outlining the results of the most important research relevant to primary care over the last 5 years. **The GP Update Handbook** is much more than just a set of lecture notes. It is a valuable resource in the consultation, for in-depth learning, preparing for tutorials and for exam revision. Everything we present is fully referenced and written by and for GPs.



Free of charge for all GPs practising within the Oxfordshire CCG area

For full details, please turn over.

**Don't take our word for it –
See what our past delegates had to say!**

- Superb course, well presented. By GPs for GPs what more could I want?
- Excellent and very relevant to everyday practice. Inspiring and encouraging.
- Concise, relevant, provides a year's worth of education in one day.
- Refreshingly presented. Excellent value for money.
- Can't wait to get back to the surgery to make some positive changes.
- Reassuring to know that the information presented is free from the influence of pharma companies.
- This course should be made mandatory for all GPs.

Course delegates will also receive a year's subscription to **www.gpcpd.com** from the course date. The site has been designed by GPs to help you easily document evidence of improved care for your next appraisal. On this site you will find:

- **The GP Update Handbook Online:** twice the contents of the paper version.
- **Focused Learning Activities:** tailor made activities to apply your learning, provide evidence for your appraisal AND earn double CPD credits!
- **The CPD Tracker:** records and rewards (with CPD credits!) all your reading on gpCPD, and tracks your CPD credits earned through Focused Learning Activities.
- **Appraisal and Revalidation Folder:** a very simple tool for recording information ready for your appraisal.

Red Whale | GP Update is very pleased to be working together with **Oxfordshire CCG** to make the GP Update Course available **free of charge** to all GPs practising within the CCG area. This includes principals, salaried GPs and locums.



There is a choice of three courses, on a range of weekdays and also times of day.
They are all being held at The King's Centre, Osney Mead, Oxford OX2 0ES:

Wednesday 9 December 10.00 - 16.00

Tuesday 26 January 13.30 - 18.30

Thursday 3 March 13.30 - 18.30

All courses include lunch. For the daytime courses, registration will be open from 9.30 and for the afternoon/evening courses, lunch and registration will be from 13.00.

To book your place on a course go to: **www.gp-update.co.uk/Oxfordshire-CCG**, insert the password 'Oxford' and complete the online form.

You will receive a course booking confirmation shortly afterwards. This contains an attachment relating to important travel/parking arrangements. Please do read this carefully to ensure trouble free travel to the course!

This course is only open to GPs practicing within the Oxford CCG area, This includes principals, salaried GPs and locums. By booking onto this course you agree to GP Update Limited sharing the delegate lists with Oxfordshire CCG to confirm the eligibility of each GP attending.

GP Update Limited, registered in England and Wales No. 7135974.
Registered Office: Prospect House, 58 Queens Road, Reading RG1 4RP.
Terms and conditions of booking are available from your local course organiser.


NHS
Oxfordshire
Clinical Commissioning Group

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