

Integrated Care Pathway for the Management of Bladder and Bowel Dysfunction

Aims

To improve the quality of care for individuals with bladder and bowel dysfunction
To reduce referrals from primary to secondary care
To reduce the number of consultant to consultant referrals

Before referral undertake the following

History–

Nature of bladder/bowel dysfunction
Duration of symptoms
Bowel/urinary history
Fluid and dietary intake

Examination–

Abdominal
Consider vaginal exam for symptomatic prolapse/vaginal atrophy
Consider rectal exam

Test–

Urine Dip stick

Assessment for Children

Fluid and food diary
2 week Bristol Stool chart record

Trial Management for Adults

Self-help strategies
Consider anti-cholinergic medication for symptoms of urgency and frequency in the absence of a prolapse or enlarged prostate.

Referral Pathway

All patients with bladder and bowel dysfunction who require further intervention should be referred in the first instance to the Oxfordshire Bladder and Bowel Service unless there are red flag symptoms.

The Oxfordshire Bladder and Bowel Service consists of the nurse-led Community Bladder and Bowel Service based at Witney Community Hospital and the Women's Health Physiotherapy Service based at the John Radcliffe Women's Centre. These services work in an integrated way to provide specialist conservative intervention for bladder and bowel dysfunction.

Referral to Secondary Care Services

Patients should only be referred directly to secondary care services if there are red flag symptoms or where the patient has already been seen by the Oxfordshire Bladder and Bowel Service and conservative measures have failed.

Community Bladder and Bowel Service

Witney Community Hospital, Welch Way, Witney, Oxfordshire OX28 6JJ

Tel: 01993 209434. Fax: 01993 209433

Clinic Locations:

Abingdon Community Hospital
Banbury Orchard Health Centre
Bicester Community Hospital
Chipping Norton Community Hospital
Didcot Community Hospital
Faringdon Health Centre
Henley Community Hospital
Oxford The Leys Health Centre
Oxford Donnington Health Centre
Wallingford Community Hospital
Wantage Grove Health Centre
Witney Community Hospital

Women's Health Physiotherapy Service

Physiotherapy Department, Women's Centre, JR, OX3 9DU

Tel 01865 221530

Clinic Locations:

Oxford The Churchill Hospital Urology department,
Oxford The John Radcliffe Hospital Women's centre physiotherapy
Banbury The Horton General Hospital Physiotherapy department

References

National Institute for Health and Clinical Excellence (NICE) (2006) *Urinary Incontinence: the Management of Urinary Incontinence in Women*, NICE: London.

NICE (2007) *Management of Faecal Incontinence in Adults*. London: NICE.

NICE (2010) *Lower Urinary Tract Symptoms in Men*. NICE: London,

NICE (2010) *Clinical Guideline 99, Constipation Children and Young People*, NICE: London.

COMMUNITY BLADDER AND BOWEL PATHWAY

